



# Awahou School

Ngā kaitiaki o tō tātou wāhi - Guardians of our place

Wednesday 3rd February 2021, Term 1 - Week 1

# WELCOME TO SCHOOL

Kia ora Awahou whānau! Welcome back to 2021 at Awahou School. This week we welcomed Ayya Osto, Ted Stuart and Xavier Adlington.

## After School Care

Please let us know before 3pm each day if your child requires after school care.

## Swimming

We will be swimming daily for the first half of this term. Please send along togs and towels each day. Our School Swimming Sports will be held on Tuesday 2nd March @ 1pm.



## Whānau Fun Night

Please come along to our annual Family Fun Night from 5pm to 7pm on Tuesday 9th February. We will have an 'Obstacle Course' for the kids. Bring along a picnic dinner, togs & towels for a fun evening. We will provide a free sausage sizzle.



## The School Day

9am: School begins

10:30-11am: Morning tea

1-1:45pm: Lunch

3pm: School finishes

**PLEASE NOTE:** It is really important that the students arrive at school on time as often as possible. We do understand however that students will be late from time to time, due to appointments etc. But the start of the school day is the most important part of each day. This is when the students make connections with their peers and are given instructions or information about the day.

## Year 7 & 8 Technology

Due to circumstances beyond our control we have had to change technology providers. Our Year 7 & 8 students will be attending Technology lessons on Monday mornings from 9:30am to 12:30pm at Feilding Intermediate School for Terms 1 & 2 this year. At this stage I will be transporting them in the school van. Please make sure your child wears covered footwear on these days. The first Technology day will be Monday 15th February.

## Beetle Trip

Horizons Regional Council's weed control programme in Totara Reserve involves releasing more biological control beetles who exclusively eat the pest plant tradescantia. Next Thursday (11th February) we have been invited to Massey University to collect these beetles from their breeding area and release them at Totara Reserve. It also happens that 'A BUG'S LIFE' is our concept of learning this term. We will require help with transport on the day. A separate notice will be coming home in regards to this trip.

## Adverts

**Pohangina Kids Yoga Series**, Thursdays at 5pm, Pohangina Hall Starting Feb 11th,

Kids yoga for ages 5-13

This yoga series is focused on building confidence, strength and flexibility. Based on a combination of Iyengar yoga and chi universe yoga practice. The children have the opportunity to build their skills across several levels of achievement and receive awards for each level of progression. Focused on physical and mental wellbeing that will support children throughout their development and into adulthood. Contact Emily Weeks at [info@emilyweeksfitness.com](mailto:info@emilyweeksfitness.com)

**Kids Pohangina Powerhouse Bootcamp**, Sundays at noon at the Old Pohangina School Reserve, Starting Feb 14 at 11 am

*Kids Integrated Fitness Training in the beautiful Pohangina Valley*

This bootcamp is a family friendly series focused on building confidence in children. We will integrate different training techniques that will boost children's physical and mental wellbeing. Lots of games and fun challenges are integrated into this series. Contact Emily Weeks at [info@emilyweeksfitness.com](mailto:info@emilyweeksfitness.com)

**For Adults:**

**Pohangina Pilates Series**, Thursdays 6pm, Starting Feb 11th, at the Pohangina Hall

*A gentle introduction to pilates. All levels welcome*

Awaken and align your body through this introductory pilates series. We will focus building awareness of your body, enhancing strength and flexibility and improving your balance and core stability. You will leave this series feeling more in tune with your physical and mental capabilities and future needs. All equipment will be provided.

Contact: Emily Weeks at [info@emilyweeksfitness.com](mailto:info@emilyweeksfitness.com)

**Pohangina Powerhouse, Integrated Fitness Training in the Beautiful Pohangina Valley**, Sundays, Starting Feb 14th, 10 am, Meet at the old Pohangina School Reserve.

Build your strength and endurance through a 10 week bootcamp. We will integrate different training techniques that will boost your performance in your existing training or simply help improve your overall fitness. Treat yourself to a coffee/tea and scone after your session at the County Fayre.

Contact Emily Weeks at [info@emilyweeksfitness.com](mailto:info@emilyweeksfitness.com)



# 2021 TERM 1 EVENTS CALENDAR

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT/SUN
Week 1 Beginning: 1st February			TERM 1 STARTS			
Week 2 Beginning: 8th February	WAITANGI DAY OBSERVED	Whānau Fun Night! 5-7pm		Beetle Collecting & Releasing trip		
Week 3 Beginning: Monday 15th February	Year 7&8 TECH	Goal Setting Meetings	Goal Setting Meetings	FOA Meeting 5:30pm BOT Meeting 7pm	Lido trip?	
Week 4 Beginning: Monday 22nd February	Year 7&8 TECH					
Week 5 Beginning: Monday 1st March	Year 7&8 TECH	School Swimming Sports - 1pm				
Week 6 Beginning: Monday 8th March	Year 7&8 TECH				Kainui Cluster Senior Swimming Sports	
Week 7 Beginning: Monday 15th March	Year 7&8 TECH Kainui Cluster Junior Tabloid Sports				Field Days Trip	
Week 8 Beginning: Monday 2nd March	Year 7&8 TECH	Weetbix Tryathlon		FOA Meeting 5:30pm BOT Meeting 7pm		
Week 9 Beginning: Monday 29th March	Year 7&8 TECH		LIFE EDUCATION	LIFE EDUCATION	GOOD FRIDAY	
Week 10 Beginning: Monday 5th April	EASTER MONDAY	SCHOOL CLOSED				
Week 11 Beginning: Monday 12th April	Year 7&8 TECH				LAST DAY OF TERM 1	